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A Glimmer of Hope, 100 + Men Who Care, Expand Reach of AHN Program Helping Younger Breast Cancer Patients

WEXFORD, Pa. (August 2018) – Thanks to local philanthropic group 100 + Men Who Care and local breast cancer advocacy organization A Glimmer of Hope, Allegheny Health Network (AHN) is expanding a program that uses integrative medicine techniques to help younger breast cancer patients cope with the disease.

Home for Hope, based at AHN's Wexford Health + Wellness Pavilion, aims to help pre-menopausal women who are diagnosed with breast cancer with coordinated medical services and integrative medical modalities such as acupuncture, massage therapy and nutrition counseling.

Since its inception in 2016, Home for Hope has helped more than 20 young women through their breast cancer diagnosis, treatment and into survivorship. The most recent donation will allow 10 additional patients to enroll. A Glimmer of Hope has donated nearly \$100,000 to Home for Hope since 2016.

"Over the past two years, we at A Glimmer of Hope have been fortunate to meet many of the young women involved in Home for Hope and to share in their breast cancer journeys," A Glimmer of Hope founder Diana Napper said. "They've told us that Home for Hope helped them relax, de-stress, and regain a feeling of health, giving them the strength they needed to continue their battles with breast cancer. We are very grateful to 100 + Men Who Care for their support, which will help us reach more young women with this valuable program."

"We are delighted to support A Glimmer of Hope and AHN's Home for Hope in this important mission," said Rick Malik, president of 100 + Men Who Care. "Many of us have been touched by breast cancer through our wives, mothers, sisters and friends, and we know it is a very difficult journey. We are happy to help younger women cope with their diagnosis and treatment as they move toward survivorship."

100 + Men Who Care member Josh Adamek nominated A Glimmer of Hope for the donation and made a substantial contribution toward the \$10,000 goal.

The pilot is open to pre-menopausal breast cancer patients who are being treated at Allegheny Health Network and are referred by their physician.

In addition to 100 + Men Who Care, funding for Home for Hope is provided by Pittsburgh Pirates Pitch for Hope, an event that lets women learn baseball fundamentals from Pirates' coaches, and donations from rue21, The Pittsburgh Pirates, Pirates Charities, AHN, Highmark, Diehl Automotive Group, The Dimond Family, Cris, Ralene and Wyatt DeBord; Moe's Southwest Grill Pittsburgh, Chick-Fil-A Pittsburgh, Chelsea Collective, Oxford Athletic Club and the Zumba Team of Oxford Athletic Club, North Allegheny High school, CBS Radio, Walnut Grill and Schultheis Brothers.

About A Glimmer of Hope

In 1996 A Glimmer of Hope organization's founder Diana Napper designed the first Glimmer of Hope pin and began selling them with the proceeds going to breast cancer research. Since that time, the organization has raised over \$3 million for breast cancer research.

About Allegheny Health Network

Allegheny Health Network is a western Pennsylvania-based integrated healthcare system that serves patients from across a five state region that includes Pennsylvania, Ohio, West Virginia, Maryland and New York. The Network's Cancer Institute offers a complete spectrum of oncology care, including access to state-of-the-art technologies and new therapies being explored in clinical cancer trials. The Network's radiation oncology program is the largest in the country and accredited by the American College of Radiology. AHN also has a formal affiliation with the Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins, one of the nation's 41 comprehensive cancer centers designated by the National Cancer Institute, for research, medical education and clinical services.

To schedule an appointment with an AHN oncologist, please call 412.DOCTORS or visit www.ahn.org/find-a-doctor.